

????

-   **100g**  **1g**  **75g** 
- 
- 
-  **25g** 
- 
-  **200°C** 
-  **180°C** 
- 
-  **100g** ()  **36% 100g**  **60g** 
- 
- 
- **180°C** 

????

- <https://tomiz.com/recipe/pro/detail/20210424220147>

Revision #2

Created 26 May 2026 07:22:49 by nonoha

Updated 26 May 2026 07:23:31 by nonoha