

recipe

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- [illegible]

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- <https://tomiz.com/recipe/pro/detail/9015>
- <https://tomiz.com/recipe/pro/detail/20190527094109>

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- 2026.04.19 200°C15 
- 2026.04.12  200°C25 

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- **330g** 600W4
 - 80°C
- **130g** / **20g**
 - 40 50°C
- **40g** / **40g**
-
- **4g** 1
- **36g**(2) / **18g** / **20g**
 - **54g**
-
- 500ml
- (12)
- ()
 - 20 30
-
- - 7 1cm
- 200°C 1 (cotta 40)
 - +10

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- **cotta** ()
 -
 - https://www.cotta.jp/products/detail.php?product_id=046457
- **500ml**
 - OK OK
 - <https://www.amazon.co.jp/dp/B01BZVWHYO>
- ()
 - <https://www.amazon.co.jp/dp/B09RQMLSH6>
- -
 - <https://www.amazon.co.jp/dp/B0BZP1HW2X>

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- https://www.cotta.jp/special/tool/canele_mold.php

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- 材料 小麦粉 100g、砂糖 1g、バター 75g、卵黄 2個
- 180℃で20分焼く
- 180℃で15分焼く
- 180℃で25分焼く

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- <https://tomiz.com/recipe/pro/detail/20210424220147>